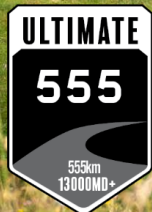




#ROAD BOOK ULTIMATES 2024



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INTRODUCTION

Dear Ultra-Cyclist friends,

For this 2nd edition, the Tour des Stations ultra-endurance events are now called "The Ultimates", offering three routes: 1000km, 555km and a brand-new 333km route.

To enable you to familiarize yourself with the essential aspects of the race, all the information can be found in this "Ultimates Roadbook" document.

For detailed information on the race regulations, please visit our website in the Regulations section.

The latest update of the rules and roadbook will be sent to participants the week before the start and presented at the riders' briefing.

This will allow you to read it at your leisure and, if necessary, submit any questions you may have by email to info@rd-cycling.com.

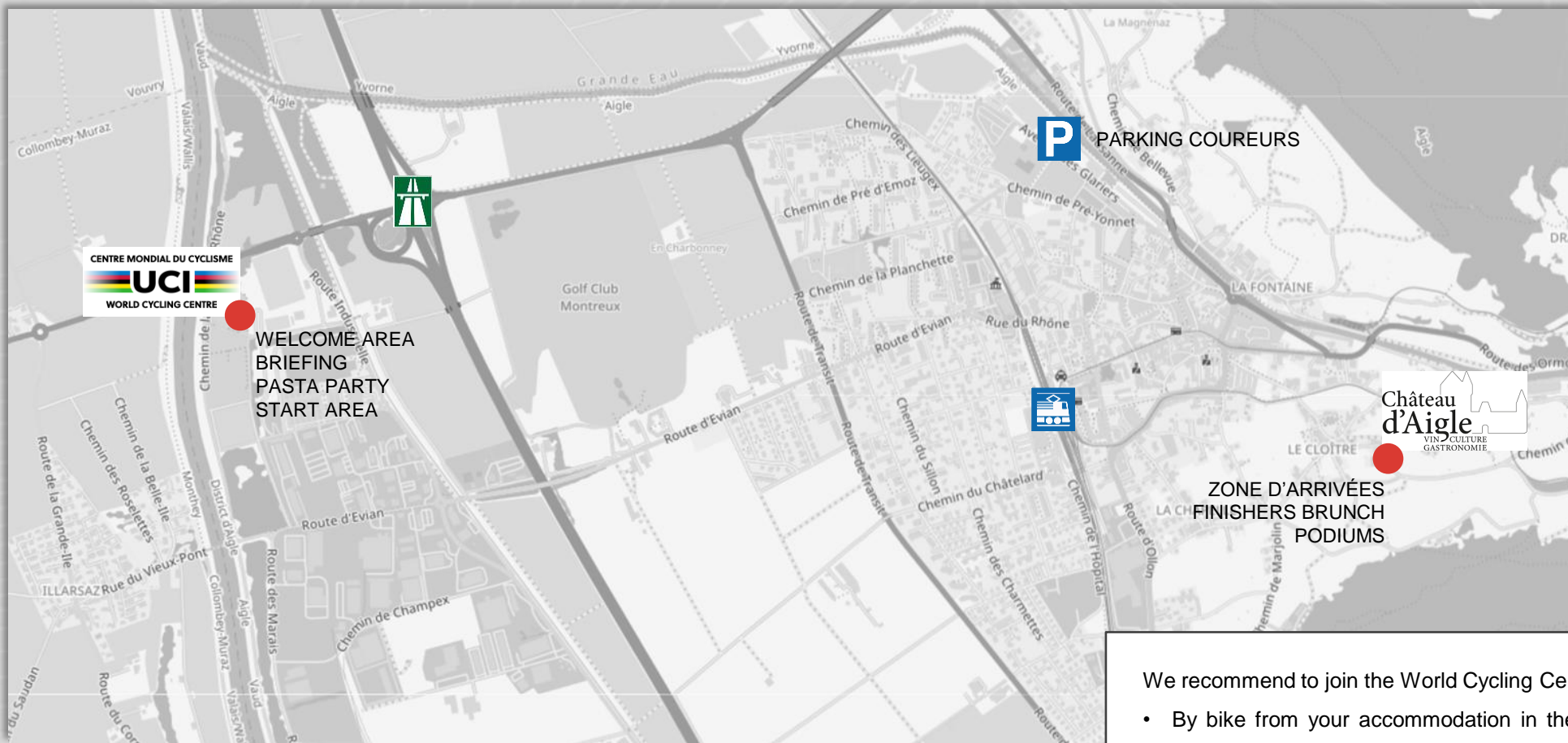
If you have any questions about registration, please write to info@rd-cycling.com.

In the meantime, we wish you all the best for your preparations and look forward to seeing you in Aigle.

En route les amis !



KEY LOCATIONS



We recommend to join the World Cycling Center in Aigle:

- By bike from your accommodation in the Chablais region: on-site, guarded bike parking
- By train from Lausanne or Sion to Aigle, then by bike
- By car / camper van: nearby parking only for the previous day's briefing/pasta party, then a parking area reserved for riders in the center of Aigle for the duration of the race. We recommend carpooling to limit your environmental impact.

P RIDER PARKING reserved for the duration of the race: Parking des Glariers, Chemin de Pré Yonnet 2, 1860 Aigle



HIGHWAY EXIT



AIGLE RAILWAY STATION



AIGLE | World Cycling Centre (WCC)
Alley Ferdi Kübler 12, 1860 Aigle

WELCOME AREA

MONDAY, THE 29TH OF JULY :

- From 5:30 pm :
 - Welcome participants
 - Compulsory equipment check
 - Personal and emergency data check
 - Drop-off of personal belongings (max.10litres / bag) and/or bike
- 7pm : mandatory briefing
- From 8 pm: Pasta Party

TUESDAY, THE 30TH OF JULY :

- From 4 am :
 - Opening of the WCC
 - Checkroom available
 - Complimentary coffee
 - Personal belongings deposit (max.10litres / bag)
- From 5 am : Departures every 90 seconds
departure times will be announced on Friday, July 23 2025



Key points:

- The day before the race, each participant must attend the briefing in person.
- Bikes can be left overnight in a secure area of the WCC before departure.
- On the morning of the start, it is strictly forbidden to leave your vehicle at the World Cycling Centre for the duration of the race.
- All departure time assignments are firm and final. No gifts are sent by post.
- No technical assistance is provided at the start (apart from pumps and small tools).
- Your personal belongings left at the start will be taken directly to the finish (Aigle's castle) by the organizers.



AIGLE | World Cycling Centre (WCC)
Alley Ferdi Kübler 12, 1860 Aigle

WELCOME AREA

THURSDAY, THE 1ST OF AUGUST :

- From 5:30 pm :
 - Welcome participants
 - Compulsory equipment check
 - Personal and emergency data check
 - Drop-off of personal belongings (max.10litres / bag) and/or bike
- 7 pm : Mandatory briefing
- From 8 pm: Pasta Party

FRIDAY, THE 2ND OF AUGUST :

- From 4 am :
 - Opening of the WCC
 - Checkroom available
 - Complimentary coffee
 - Personal belongings deposit (max.10litres / bag)
- From 5 am : Departures every 90 seconds
departure times will be announced on Friday, July 23 2025



Key points :

- The day before the race, each participant must present him/herself in person and attend the mandatory briefing.
- Bikes can be left overnight in a secure area of the WCC before departure.
- On the morning of the start, it is strictly forbidden to leave your vehicle at the World Cycling Centre for the duration of the race.
- All departure time assignments are firm and final. No gifts are sent by post.
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AIGLE | World Cycling Centre (WCC)
Allée Ferdi Kübler 12, 1860 Aigle

FRIDAY, THE 2ND OF AUGUST :

- From 5:30 pm :
 - Welcome participants
 - Compulsory equipment check
 - Personal and emergency data check
 - Drop-off of personal belongings (max.10litres / bag) and/or bike
- 7 pm : Mandatory briefing
- From 8 pm : Pasta Party

SATURDAY, THE 3RD OF AUGUST :

- From 4 am :
 - Opening of the WCC
 - Checkroom available
 - Complimentary coffee
 - Personal belongings deposit (max.10litres / bag)
- From 5 am : Departures every 90 seconds
departure times will be announced on Friday, July 23 2025

WELCOME AREA



Key points :

- The day before the race, each participant must present him/herself in person and attend the mandatory briefing.
- Bikes can be left overnight in a secure area of the WCC before departure.
- On the morning of the start, it is strictly forbidden to leave your vehicle at the World Cycling Centre for the duration of the race.
- All departure time assignments are firm and final. No gifts are sent by post.
- No technical assistance is provided at the start (apart from pumps and small tools).
- Your personal belongings left at the start will be taken directly to the finish (Aigle's castle) by the organizers.

MANDATORY EQUIPMENT

The route takes in roads and paths with gravel (soft) sections. We recommend the use of classic road bikes with a tire section of 28mm or wider. Below this (25mm, 23mm), the risk of punctures is increased and comfort is greatly reduced.

In terms of development, because of the steep gradient and certain passages that can reach 15% gradient (7-8km/h), we recommend a minimum gear ratio of 50x34, derailleur 11-34 or equivalent.

LISTE DU MATÉRIEL OBLIGATOIRE

- Helmet approved and worn at all times
- Luminous device with recharge + reflectors (wheels and frame, red rear/white front)
- GPS meter with route map
- Permanently charged phone (powerbank)
- Survival blanket/Bivy
- Minimum permanent food intake: 3 bars or ~400 kcal
- Hydration: minimum capacity 1L
- Jacket and raincoat, at least 1 long-sleeve layer
- Money (or card) and ID
- Mechanics (spare pair of brake pads - pump and repair kit - multi-tool - minimum 2 inner tubes)
- Reflective vest

LIST OF MATERIALS SUPPLIED BY THE ULTIMATES

- GPS tracker + top tube sticker with emergency number

LIST OF RECOMMENDED EQUIPMENT

- Overnight equipment (mattress - sleeping bag)
- Warm clothing
- Waterproof clothing



RIDERS PACK

Upon accreditation, each rider will receive a numbered cap, a frame sticker with an emergency number and a GPS tracker for identification purposes.

A WhatsApp group with all participants will be set up a few days before the event for the transmission of safety information during the event.

UN TRAQUEUR GPS



You will receive a GPS tracker from "Follow my challenge". For the GPS signal to be transmitted correctly, the tracker must have battery power (USB-A to USB-C cable) and be positioned at the top of a pannier. It is the rider's responsibility to ensure that he or she has sufficient battery power.

Please note that if the tracker is installed next to another GPS or cell phone, interference may occur.

In the event of loss or damage to the tracker, the athlete will be billed CHF 170.

A NUMBERED GAPETTE



It corresponds to your race number and must be worn and visible throughout the race.

WHATSAPP GROUP



You'll receive an invitation to join the WhatsApp group for your route, so you can chat with other participants and the organization before, during and after the race.

TIME BARRIERS AND WITHDRAWALS

Any competitor who does not reach the intermediate checkpoints and the finish before the time barriers and who wishes to continue independently may only do so after informing race HQ, handing in his GPS tracker and signing a waiver. They do so under their own responsibility.

COMPULSORY INSURANCE

Each participant must take out personal health, accident and third-party liability insurance. Rescue and repatriation insurance are also compulsory.

BRIEFING

All participants are required to attend the pre-race briefing in person. Important safety points will be reiterated at the briefing.

REMINDER

In the event of abandonment or any other problem, please contact the emergency number : +41 27 552 04 10



- C1 cross Grindelwald (340km) in a maximum of 40h Wednesday, July 31 at 9:00 pm.
- C2 cross Biasca (520km) in maximum 65h, Thursday August 1st at 10:00 pm.
- C3 cross Sierre (740km) in maximum 90h, Friday, August 2 at 11:00 pm.
- Arrival at Château d'Aigle (1047km) in a maximum of 120h = Sunday at 5:00 am.



- C1 cross Grindelwald (215km) in 20h maximum, Saturday at 1:00am.
- C2 cross Sierre (395km) in maximum 45h, Sunday at 2:00 am.
- Arrival at Château d'Aigle (570km) in maximum 60h = Sunday at 5:00 pm.



- C1 cross Aigle (220km) in 20h maximum, Sunday at 1:00 am.
- Arrival at Château d'Aigle (340km) in a maximum of 30h = Sunday at 11:00 am.

DESCRIPTION

A route map in GPX format will be sent to participants. The latest update will be sent the week before the start. Riders must strictly follow the route from start to finish. In the event of going off course (losing the track, forgetting to stop for refreshments, mechanical assistance, store, etc.), the rider must resume the course from the point at which he or she left it.

GRADIENT AND TERRAIN

The route takes in roads and paths with gravel (soft) sections. We recommend classic road bikes with a tire section of 28mm or wider. Below this (25mm, 23mm), the risk of punctures is increased and comfort greatly impacted.

In terms of development, given the steep gradient and certain passages that can reach 15% gradient (7-8km/h), we recommend a minimum gear ratio of 50x34, derailleur 11-34 or equivalent. Les montées répertoriées sont disponibles sur le site internet :

- [Ultimate 333](#)
- [Ultimate 555](#)
- [Ultimate 1000](#)

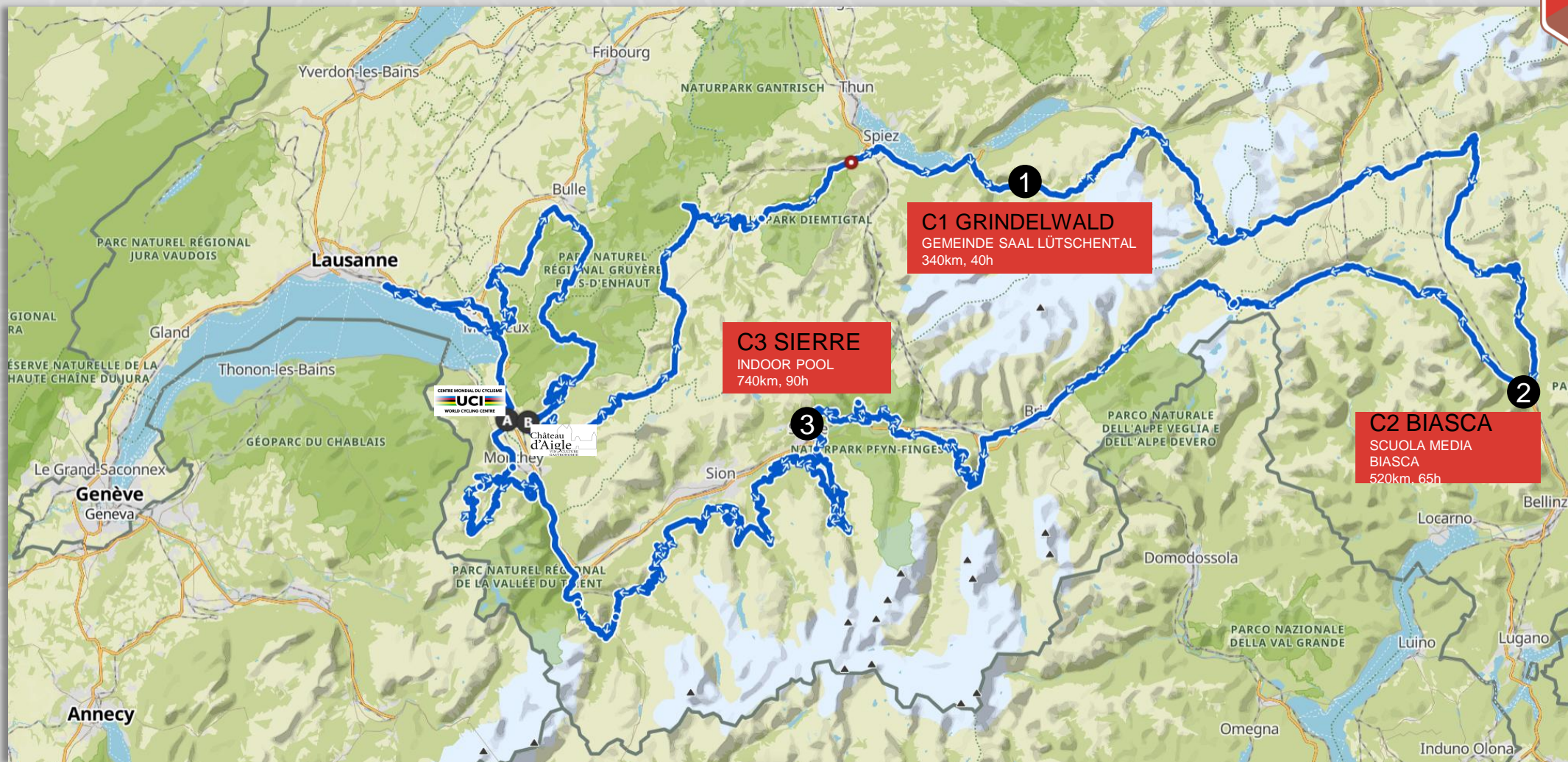
PRE-RACE BRIEFING

On D-1, a reminder of the concept and rules will be given to participants at the compulsory pre-race briefing. Any updates to the course will also be presented in detail.



ROUTE

1047km - 27'330m ascent



ROUTE

570km - 13'460m ascent



1
C1 GRINDELWALD
GEMEINDE SAAL LÜTTSCHENTAL
215km, 20h

2
C2 SIERRE
INDOOR POOL
395km, 45h



ROUTE

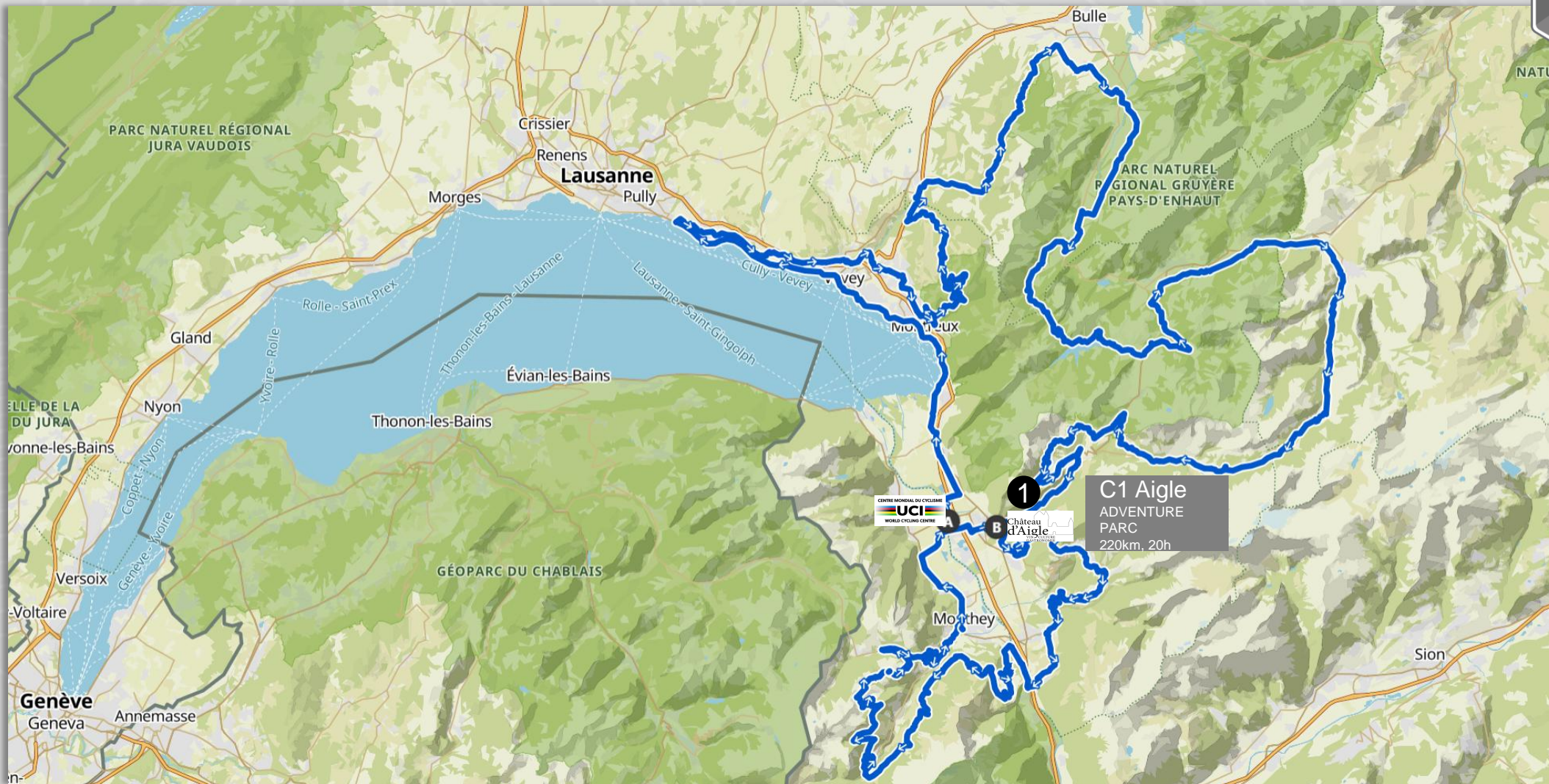
340km – 7'700m ascent



ULTIMATE

333

333km
7000MD+



FINISHERS

- Live Tracking & Results: link communicated two days before departure on www.theultimates.ch and social networks
- Social Ride for "recovery" or for your loved ones: Saturday, August 3, starting at 8:30 am >>> [more info](#)
- Finishers Augu (Château – Aigle) : Sunday, August 4 from 11:00 am
- Podiums (Château - Aigle): Sunday, August 4 from 2 pm
 - Ultimate 1000 women
 - Ultimate 1000 men
 - Ultimate 1000 duo
 - Ultimate 555 women
 - Ultimate 555 men
 - Ultimate 555 duo
 - Ultimate 333 women
 - Ultimate 333 men
 - Ultimate 333 duo



CONTACT INFO

info@rd-cycling.com
+41 27 552 04 14
www.theultimates.ch



THANKS!

