



# #ROADBOOK

## THE ULTIMATES 2025





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# INTRODUCTION

Dear Ultra-Cycling Friends,

The time is drawing near... For this 3rd edition of The Ultimates, you will once again be at the heart of ultra-endurance, ready to take on extraordinary challenges on one of our three legendary courses: 1000 km, 555 km, or 333 km.

As you cover the kilometers, you'll discover that this is far more than just a race: it's an inner journey, a test of your limits, a complete immersion into the world of ultra-cycling.

To help you prepare as best as possible, you will find in this Ultimates Roadbook a true guide to approaching every key aspect of the race.

The full race regulations are also available on our website under the "[Regulations](#)" section.

If you have any questions, please don't hesitate to contact us at [info@rd-cycling.com](mailto:info@rd-cycling.com).

For any inquiries regarding registrations, please use the same email address.

As we look forward to this major event, we wish you excellent preparation. Get ready to write your own legend on the roads of The Ultimates. We can't wait to welcome you in Aigle.

En route, les ami(e)s !





# KEY LOCATIONS



**RUNNERS PARKING** reserved for the duration of the race :  
Parking Spozio, Chemin de Pré Yonnet, 1860 Aigle  
Maps : <https://maps.app.goo.gl/d79tYETsfW1w5yx8>



**REST AREA** to rest after the race : Salle de gymnastique du collège de la Grande-Eau  
Maps : <https://maps.app.goo.gl/pBYTtTsm7MwGxi1v7>



**MOTORWAY EXIT**



**AIGLE RAILWAY STATION**

We recommend visiting the World Cycling Centre UCI in Aigle:

- By bike from your accommodation in Chablais: secure bike parking on site
- By train from Lausanne or Sion to Aigle, then by bike
- By car/camper van: parking nearby is only available for the briefing/pasta party the day before, then a car park is reserved for runners in the centre of Aigle (parking Spozio) for the duration of the race. We recommend carpooling to limit your environmental impact.





## AIGLE | Centre Mondial du Cyclisme UCI (CMC)

Allée Ferdi Kübler 12, 1860 Aigle

# WELCOME AREA

### MONDAY 30 JUNE :

- From 5:30 pm:
  - Welcome of participants
  - Check of mandatory equipment
  - Check of personal and emergency details
  - Storage of personal belongings (max. 10 litres/bag) and/or bicycles
- 7:00 pm: **Mandatory** briefing
- From 8:00 pm: Pasta Party

### TUESDAY 01 JULY:

- From 4 am:
  - CMC opening hours
  - Cloakroom available
  - Complimentary coffee
  - Storage for personal belongings (max. 10 litres/bag)
- From 5:00 am: Departures every 90 seconds. Departure times will be announced on *Monday 23 June 2025*.



### KEY POINTS :

- On the day before the race, each participant **must attend the briefing in person.**
- You can leave your bike overnight before departure in a secure area at the CMC.
- On the morning of departure, it is strictly forbidden to leave your vehicle at the World Cycling Centre for the duration of the race.
- All departure times are final and cannot be changed. No gifts will be sent by post.
- No technical assistance is provided at the start (except for a pump and small tools).
- Your personal belongings left at the start will be transported directly to the finish (Château d'Aigle) by the organisers.





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# WELCOME AREA

### THURSDAY 3 JUILLET :

- From 5:30 pm:
  - Welcome of participants
  - Check of mandatory equipment
  - Check of personal and emergency details
  - Storage of personal belongings (max. 10 litres/bag) and/or bicycles
- 7:00 pm: Mandatory briefing
- From 8:00 pm: Pasta Party

### FRIDAY 4 JULY :

- From 4:00 am:
  - CMC opening hours
  - Cloakroom available
  - Complimentary coffee
  - Storage for personal belongings (max. 10 litres/bag)
- From 5:00 a.m.: Departures every 90 seconds. Departure times will be announced on *Monday 23 June 2025*



### KEY POINTS :

- On the day before the race, each participant **must attend the briefing in person.**
- You can leave your bike overnight before departure in a secure area at the CMC.
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# WELCOME AREA

### FRIDAY 4 JULY:

- From 5:30 pm:
  - Welcome of participants
  - Check of mandatory equipment
  - Check of personal and emergency details
  - Storage of personal belongings (max. 10 litres/bag) and/or bicycles
- 7:00 pm: **Mandatory** briefing
- From 8:00 pm: Pasta Party

### SATURDAY 5 JULY :

- From 4:00 am:
  - CMC opening hours
  - Cloakroom available
  - Complimentary coffee
  - Storage for personal belongings (max. 10 litres/bag)
- From 5:00 am: Departures every 90 seconds.  
Departure times will be announced on *Monday 23 June 2025*



### KEY POINTS :

- On the day before the race, each participant **must attend the briefing in person.**
- You can leave your bike overnight before departure in a secure area at the CMC.
- On the morning of departure, it is strictly forbidden to leave your vehicle at the World Cycling Centre for the duration of the race.
- All departure times are final and cannot be changed. No gifts will be sent by post.
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**WON'T NEED  
A LIFT  
UPHILL.**

**ONLY GOOD SHIT INSIDE.  
#EATCLEAN**

**TRY  
NOW!**



# REQUIRED MATERIALS

The route follows roads and tracks with gravel sections (soft). We recommend using standard road bikes with tyres that are 28 mm wide or wider. Narrower tyres (25 mm, 23 mm) increase the risk of punctures and significantly reduce comfort.

With regard to the terrain, due to the significant elevation gain and certain sections with gradients of up to 15% (7-8 km/h), it is advisable to opt for a minimum gear ratio of 50x34, an 11-34 derailleur or equivalent.

## LIST OF REQUIRED MATERIALS

- Lighting device with rechargeable battery + reflectors (wheels and frame, red at the rear/white at the front)
- GPS computer with route map
- Phone charged at all times (power bank)
- Survival blanket/bivy
- Minimum food supply at all times: 3 bars or ~400 kcal
- Hydration: minimum capacity of 1 litre
- Jacket and raincoat, at least 1 long-sleeved layer
- Money (or card) and ID
- Mechanical equipment (pair of spare brake pads - pump and repair kit - multi-tool - minimum 2 inner tubes)
- Reflective vest/jacket
- Approved helmet worn at all times

## LIST OF EQUIPMENT PROVIDED BY THE ULTIMATES

- GPS tracker + top tube sticker with emergency number

## LIST OF RECOMMENDED EQUIPMENT

- Overnight gear (mattress – sleeping bag)
- Warm clothing
- Waterproof clothing





# RUNNER PACK

During rider accreditation, each rider will receive a frame sticker with an emergency number and a GPS tracker so that they can be identified.

A WhatsApp group with all participants will be created a few days before the event to share safety information during the event.

## A GPS TRACKER



You will receive a GPS tracker from the provider 'Follow my challenge'. For the GPS signal to be transmitted correctly, the tracker must have sufficient battery power (USB-A to USB-C cable) and be positioned at the top of a bag. It is the runner's responsibility to ensure that the battery has sufficient power.

Please note that if the tracker is installed next to another GPS device or mobile phone, interference may occur.

In the event of loss or damage to the tracker, the athlete will be charged CHF 170.

## WHATSAPP GROUP



You will receive an invitation to join the WhatsApp group for your race so that you can communicate with other participants and the organisers before, during and after the race.



## TIME BARRIERS AND WITHDRAWALS

Any competitor who fails to reach the intermediate checkpoints and the finish line before the time barriers and who wishes to continue independently may only do so after informing the race control center, returning their GPS tracker and signing a waiver. They will do so at their own risk.

## COMPULSORY INSURANCE

Each participant must take out individual health, accident and civil liability insurance. Rescue and repatriation insurance is also mandatory.

## BRIEFING

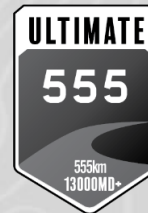
Each participant is required to attend the pre-race briefing in person. Important safety points will be reviewed at this briefing.

## Reminder

In case of abandonment or any problems, please contact the emergency number: +41 27 552 04 10



- **C1** Passage through Interlaken (200 km) in a maximum of 24h  
*Wednesday 2 July at 05:00 am*
- **C2** Passage through Landquart (480 km) in a maximum of 55h  
*Thursday 3 July at 12:00 pm*
- **C3** Passage through Andermatt (740 km) in a maximum of 90h  
*Friday 4 July at 11:00 pm*
- **C4** Passage through Sierre (900 km) in a maximum of 110h  
*Saturday, 5 July at 07:00 pm*
- **Arrival at Château d'Aigle (1,012 km) in a maximum of 120h = Sunday, 6 July at 05:00 am**



- **C1** Passage through Interlaken (200 km) in a maximum of 20h  
*Saturday, 5 July at 01:00 am*
- **C2** Passage through Andermatt (300 km) in a maximum of 30h  
*Saturday, 5 July at 11:00 am*
- **C3** Passage through Sion (470km) in a maximum of 50h  
*Sunday 6 July at 07:00 am*
- **Arrival at Château d'Aigle (570km) in a maximum of 60h = Sunday 6 July at 5:00 p.m.**



- **C1** Passage to Aigle (220 km) in a maximum of 20h  
*Sunday, 6 July at 01:00 am*
- **Arrival at Château d'Aigle (343 km) in a maximum of 30h = Sunday, 6 July at 11:00 am**



## DESCRIPTION

A GPX file of the route will be sent to participants. The latest update will be sent the week before the start of the race. Runners must strictly follow the designated route from start to finish. In the event that a runner leaves the route (loses the trail, forgets, stops for refreshments, mechanical assistance, shopping, etc.), they must resume the route from the point where they left it.

## ELEVATION AND TERRAIN

The route follows roads and dirt tracks with gravel sections (soft). We recommend using classic road bikes with tires that are 28 mm wide or wider. Anything narrower (25 mm, 23 mm) increases the risk of punctures and significantly impacts comfort. In terms of gearing, due to the significant elevation gain and some sections with gradients of up to 15% (7-8 km/h), it is advisable to opt for a minimum gear ratio of 50x34, an 11-34 derailleur or equivalent.

### The listed climbs are available on the website:

- [Ultimate 333](#)
- [Ultimate 555](#)
- [Ultimate 1000](#)


## PRE-RACE BRIEFING

On D-1, a reminder of the concept and rules will be presented to participants during the mandatory pre-race briefing. Any last-minute updates to the routes will also be presented in detail.





# ROUTE

1012,5km - 20'824m elevation 

↓ GPX – PART 1

↓ GPX – PART 2

↓ GPX – PART 3

↓ GPX – PART 4





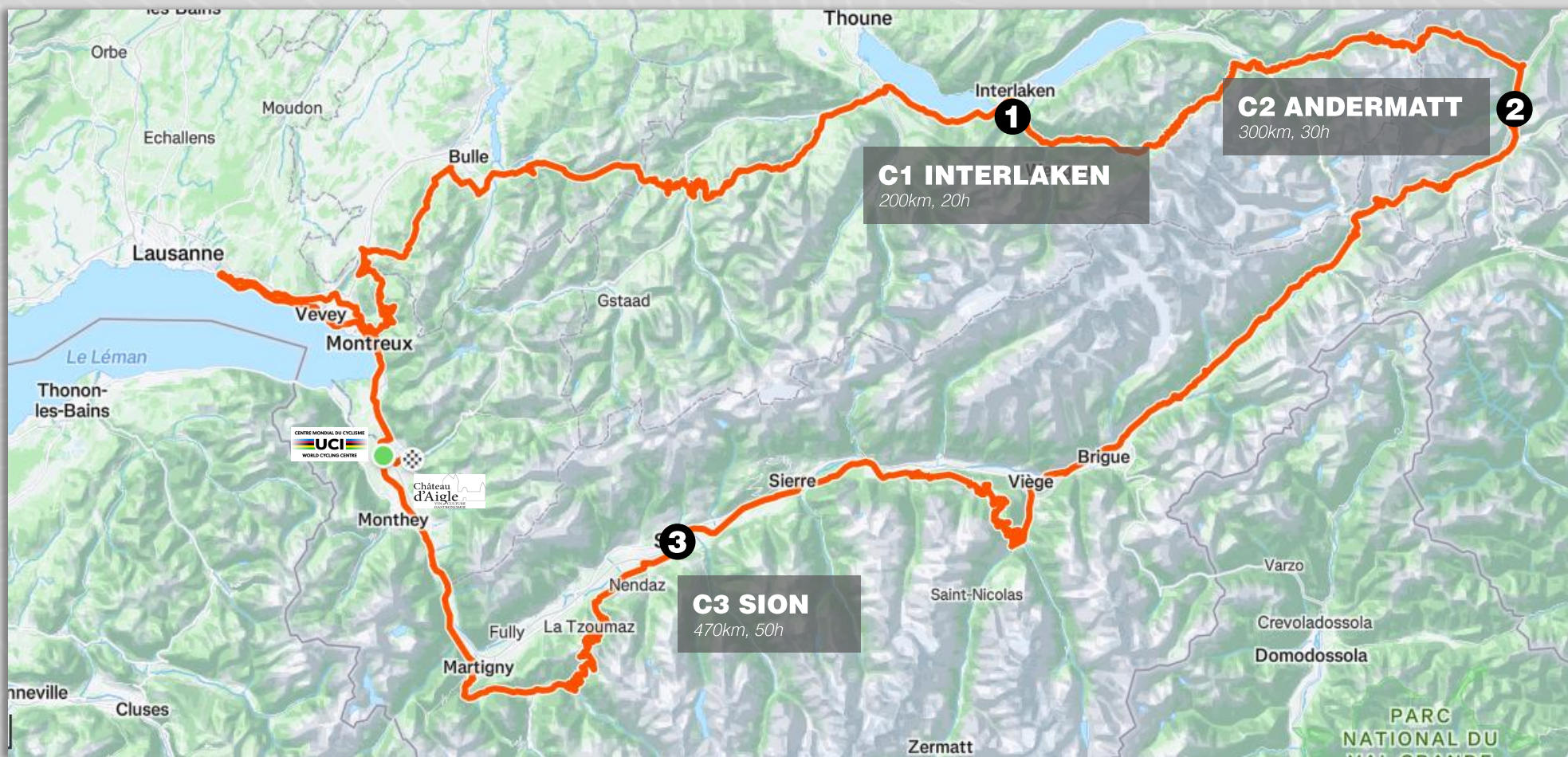
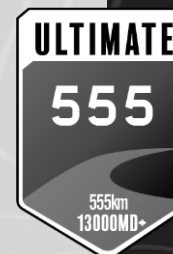
# ROUTE

571,8km - 13'211m elevation



↓ GPX – PART 1

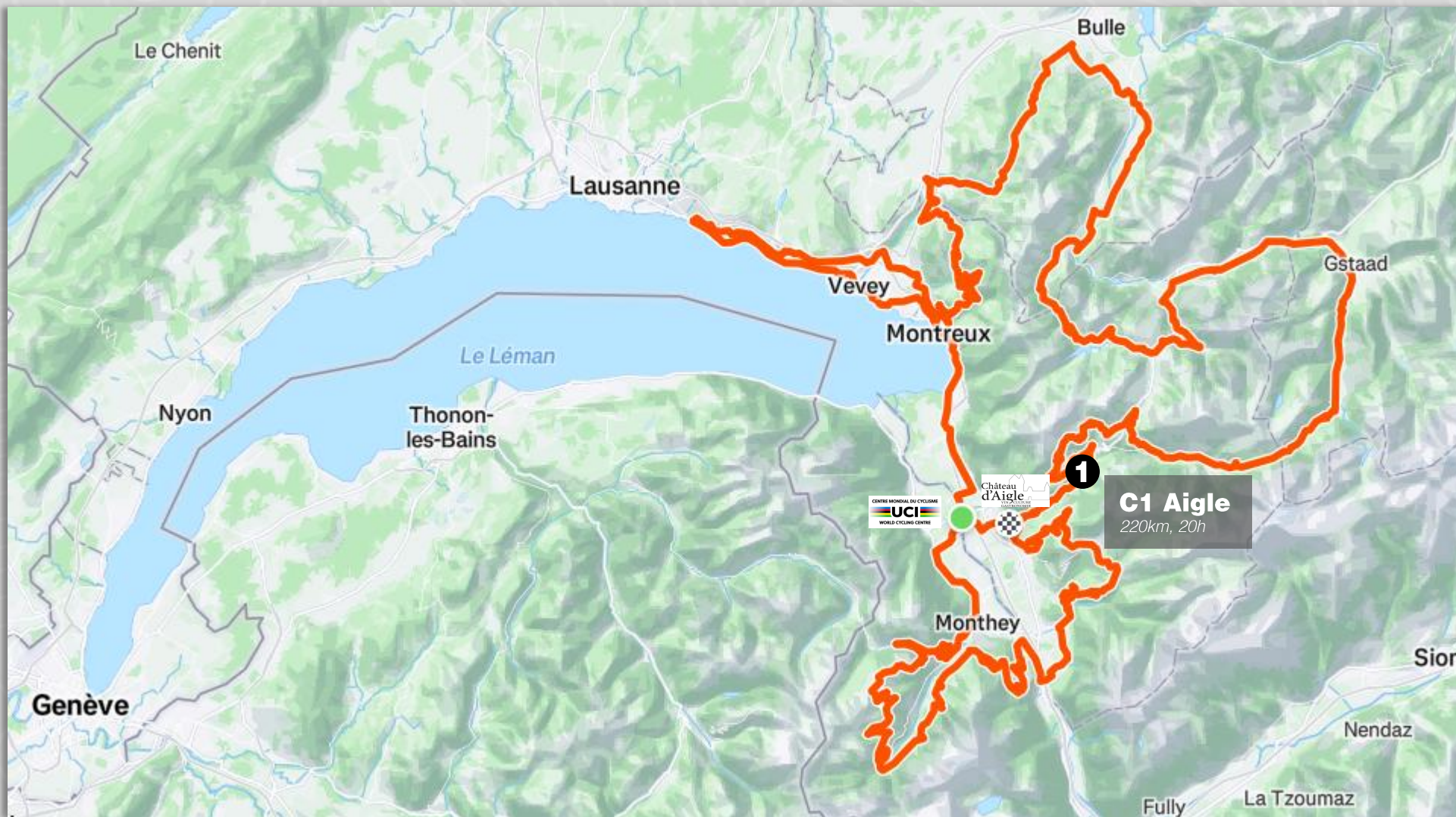
↓ GPX – PART 2





# ROUTE

343,2km – 8'338m elevation





# FINISHERS

- Live Tracking & Results: link provided two days before the start on [www.theultimates.ch](http://www.theultimates.ch) and social media
- Social Ride for recovery or for your loved ones: **Saturday, July 6, starting at 8:30 am** > [more info](#)
- Finishers brunch (Château – Aigle): **Sunday, July 6, starting at 11:00 am**
- Podiums (Château – Aigle): **Sunday, July 6, starting at 02:00 pm**
  - Ultimate 1000 women
  - Ultimate 1000 men
  - Ultimate 1000 duo
  - Ultimate 555 women
  - Ultimate 555 men
  - Ultimate 555 duo
  - Ultimate 333 women
  - Ultimate 333 men
  - Ultimate 333 duo





# SOCIAL RIDE ULTIMATES – CELEBRATE OUR HEROES

76,3km – 2'035m elevation



## Share the party : invite your friends and family to The Ultimates Social Ride

Riding alone is great ; riding with those who support you is even better !

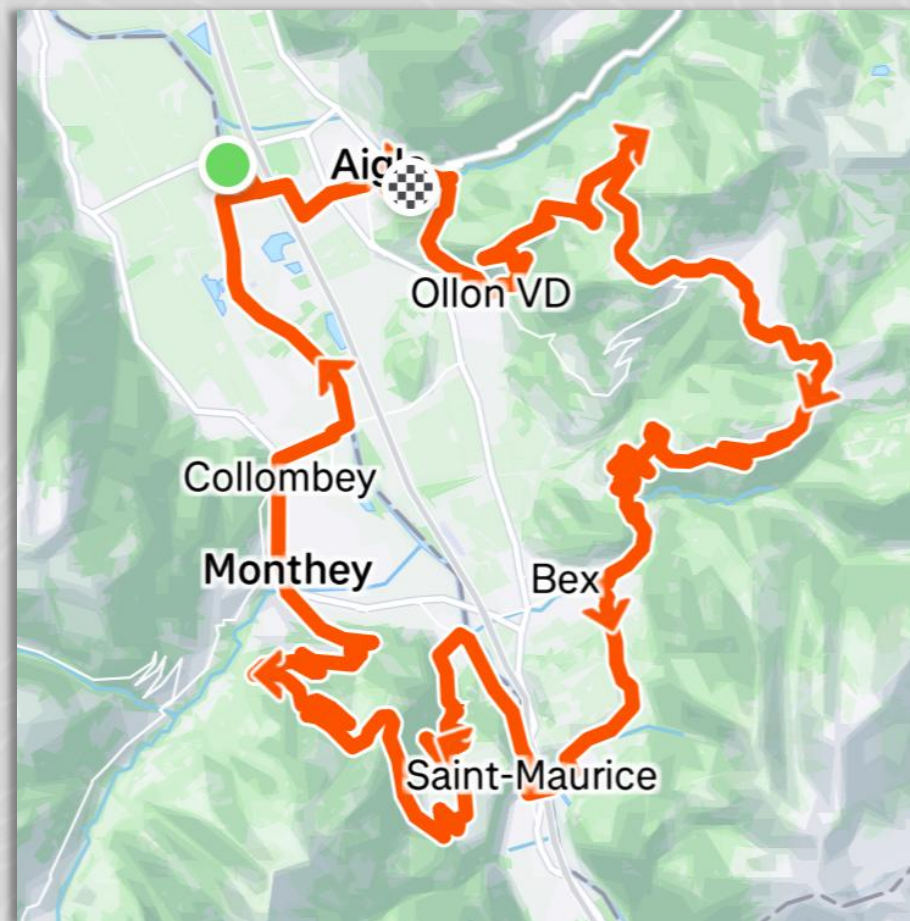
On **Saturday 5 July 2025**, treat your friends and family to a chance to immerse themselves in the atmosphere of The Ultimates : a 100% friendly **Social Ride**, **free of charge** and without timing pressure, to finish the last few kilometres by your side before celebrating all the heroes - including yourself - at the finish at the Château d'Aigle.

Programme :

- 08:30 : Welcome coffee/croissant at the UCI World Cycling Centre in Aigle
- 09:00: Briefing and departures in small groups according to level
- 10:30-11:30: Refreshments stop
- From 11:00: Finisher brunch at the Château d'Aigle

➤ [Join the Strava event](#)

➤ [Reserve my place for the Social Ride \(free\)](#)





# CONTACT

info@rd-cycling.com  
+41 27 552 04 14  
www.theultimates.ch

# THANK YOU!



**VAUD+**

CENTRE MONDIAL DU CYCLISME  
**UCI**  
WORLD CYCLING CENTRE

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COMMUNE  
D'AIGLE

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